Thomas MacLaren School HS & MS Basketball COVID Protocol

COVID Guidelines for Practices:

1. Masks must be worn by everyone for the duration of practice.
2. Separate Entry and Exit doors – Everyone will enter the gym using the southern door. Everyone will exit through the north door.
3. Staging area – students will arrive and wait in the small gym for screening. If they need to change their clothes (after school), they may use the locker rooms to do so with a maximum of 5 individuals at any one time. Students are not allowed to leave the small gym until a) the previous practicing team has left the gym and 2) they have been screened. IF an athlete fails the screening, they will need to exit through the north door and return home.
4. No overlapping of cohorts (boys/girls/HS/MS). Students are not allowed to enter the gym and shoot around before practice.
5. Daily screening – coaches must self-screen and notify the Athletic Director of any symptoms. Athletes will be screened for symptoms by the coaches every practice. Anyone who fails the screening will need to leave the gym immediately. Further isolation for exposure of other athletes and/or coaches may be required.
6. Athletes must store their items 6 ft. apart in the gym area. Nothing will be stored in the locker rooms except for practice clothes on school days. There are white X's on the walls of the gym to designate spots for each athlete. There will be designated spots in the locker rooms for storage during the school day, if necessary.
7. Pre-practice team meetings may be held in the staging area/small gym after the team finishes screening.
8. Post-practice team meetings need to be conducted by ending practice 15 minutes early to minimize overlap with the next practice time and to allow time to aerate the gym.
9. The Westside doors should be propped open during practice to increase air circulation and exchange in the gym. The last team to practice will need to close the doors before leaving.
10. Students are required to bring their own water bottle to avoid using the drinking fountain. Students may use the bottle fill station during practices and games.
11. Hand-sanitizer will be available at practice for use, as well as at each bench during games.
12. Basketballs much be sanitized after every practice.
13. Everyone must wear a mask the entire duration of practice. If a mask-break is needed, the individual should exit the gym to take off the mask.
14. The bathrooms by the entry and exit may be used.
15. Scrimmaging is allowed.

COVID Guidelines for Games:

1. Masks must be worn by everyone for the entire game.
2. Coaches & officials must self-screen before arriving at the game. The AD must be notified if symptoms are exhibited. Anyone showing symptoms will not be allowed to attend the game. Athletes will be screened by the coaches prior to the start of the game.
3. Game roster is limited to a max of 12 athletes, 3 coaches, and 1 athletic trainer.
4. No spectators will be allowed. Teams waiting to play the next game will be directed to a staging area.
5. Waiting teams are not allowed to warm up during half-time of the previous game.
6. Volunteer spots for score table, camera, clock, etc. will be filled by the athletes' parents or school personnel.
7. Players must bring their own water bottle.
8. There will be a 30-minute sanitization & air exchange break between all games held consecutively. The gym will be empty during this time of all personnel (athletes, coaches, workers) and the doors propped open. Teams will be directed to a waiting area. Bathrooms will also be sanitized during this time.
9. The game ball will be sanitized during halftime and after the game.
10. There will be designated areas for huddles during games.
11. Social distancing will be required in the bench seating and during any timeouts.
12. Doors may be propped open to improve air exchange.
13. Players will not be allowed to use the locker rooms. Players are expected to arrive in their uniform.
14. Locker rooms will be reserved for use by officials only.